

DEVON COUNTY ASA

NEW EVENT!

REVERSE 800 & 1500m FREESTYLE

CHAMPIONSHIP GALA

QUAYSIDE LEISURE CENTRE, KINGSBRIDGE

SUNDAY 16th NOVEMBER

2.00pm warm up

- Part of the 2009 Championships
- Events – 800m Freestyle for males & 1500m Freestyle for females
- Ages 11 years and over on 8th March 09
- Awards – Championship medals to fastest 6 swimmers and Junior Champion in each event.
- No qualifying times but numbers may be restricted.

Entry details and disks will be sent to clubs early October