

Would you like to learn a new skill?

# DRSA Rookie Lifesaving

Fridays 7.30 till 9pm  
Central Park Diving Pool

**Bronze Medallion  
Life support  
Award of Merit  
Distinction  
Competitions**

**For more details please contact**

**Elain Watkins: [elain\\_mb@hotmail.com](mailto:elain_mb@hotmail.com)**

**or come along on a Friday evening**